



casserole

More than just a meal

Casserole Club helps people share extra portions of home cooked food with older neighbours who may not always be able to cook for themselves

The benefits

Reduce social isolation and loneliness

Improve food provision among older people

Help people stay independent for longer

Strengthen connection between the generations within communities

Provide a flexible approach for people to volunteer their time and skills locally



The numbers



Live now in
**Staffordshire,
Surrey, Barnet,
Tower Hamlets,
Whitstable,
Scotland and
Melbourne (Australia)**

Coming soon:
Cheshire West and Chester and
Tameside



Cooks in over
**200 local
authorities**



Meals shared
1300+



Longest running match
3 years



Cook sign-ups
5,000

Sophie and Nora

“It’s a great way of knitting the community together through food. Cooking once a week for Nora gives her daughter a break too as she knows her mother can get a meal on a Friday from me.”

Sophie, Cook



Sophie has shared over 40 meals with 3 different Diners. Cooking for Nora once a week gives Nora’s daughter a night off from cooking for her mother. It also shows the wider impact Casserole can have on others involved in caring for older people.



Tom and Vijaya

“I didn't really understand it at first. I couldn't really understand that people would bother to cook for me and bring it to my home. But now I rather like Casserole Club. It's nice for someone to come visit me.”

Tom, Diner

Tom's local day centre's hours decreased recently and he found himself spending more time alone in his flat. He joined Casserole because he wanted some wholesome food and the opportunity to meet new people in the community.



For more information, contact:
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